



WENTWORTH POINT PROBUS CLUB October 2026 Newsletter



WENTWORTH POINT PROBUS CLUB Celebrates 50 years of Probust

OUR NEXT MEETING

Monday 19 October, 10.30am - Pulse Room 1

With set up at 10.15 then morning tea

If you cannot make it, please submit a Meeting Apology Form

NEXT SPEAKERS

MEGAN TU AND WILSON LUU



Wilson and Megan gave us a very popular presentation last year on a variety of eye- and sight-related subjects. They will briefly refresh our memories and update new members on their previous talk.

This talk will have a slightly different focus, as detailed below. Megan and Wilson will discuss:

1. Prevention and how general health and wellbeing can affect the eyes.

2. New technologies available, both with eye testing (ultra-wide retinal imaging) and with eyewear, such as Nuance hearing glasses, which can combine vision and hearing enhancement.
3. New expansion of vision support using technologies like smart glasses and low-vision aids.
4. Q&A welcome.

Accompanying Megan and Wilson will be Nicole Liu, their new full-time optometrist.

Dr Megan Tu – Optometrist | Ophthalmic Medicines Prescriber

Megan graduated from UNSW with a Bachelor of Science and Bachelor of Optometry with First Class Honours. She has received awards for optometry, ocular therapeutics and contact lenses. She has worked in regional and metropolitan areas and has experience in a wide range of demographics. Areas of particular interest are children's vision, myopia control, vision therapy and ocular pathology. Megan is qualified to prescribe ophthalmic medicines to manage eye diseases. She has also published in peer-reviewed journals.

Dr Wilson Luu – Optometrist | Ophthalmic Medicines Prescriber

Wilson completed a BSc and Bachelor of Optometry (Hons) plus a PhD at UNSW. Since graduating, he has worked in rural NSW and metropolitan Sydney and has travelled overseas to provide eye care to the Nepalese Everest community. He is qualified to prescribe ophthalmic medicines to manage eye diseases and is a Credentialed Optometrist (Aviation) authorised to conduct eye assessments for CASA. He has also been accredited as an Optometry Australia Credentialed Advanced Practitioner for Glaucoma (OACAP-G). His interest areas are low vision, myopia control, contact lenses, ocular pathology and use of artificial intelligence and technology in eye care.





OCTOBER CELEBRATIONS



Happy celebrations to our friends with special days in October

October Birthdays

Barbara Murrie	11 October
Joan Abela	15 October
Barbara Browning	17 October
Christopher Hollingsworth*	29 October

UPCOMING OUTINGS

The **Lucas Heights excursion** will take place on **13 October**, with our members visiting Australia's only nuclear reactor which is a research facility and importantly provides radioisotopes for 10,000 patients per week across the country. The group will enjoy lunch at Padstow Park Hotel.



Information will be provided soon on the planned Melbourne Cup Luncheon event and the Probus Christmas Party.



COFFEE



If you love a good cup of coffee – or four – have a read of [this article](#) on some of the surprising and weird effects coffee has on the body.

PROBUS MONTH 50TH CELEBRATIONS

Many landmarks across Australia will be illuminated in blue and yellow to celebrate the 50th anniversary of Probus and its role in supporting community and connection. Some of the Sydney landmarks shining in Probus colours will be: City of Parramatta Council, Great North Road, Hornsby Council, Lane Cove Council, Lyons Road and Manly Town Hall. Probus South Pacific has requested that members send their photos, along with a brief caption of up to 150 words, to editorial@probussouthpacific.org for inclusion in the special **Probus Month** feature of *Active Retirees Magazine* in December.

They are also interested in any stories related to friendships made at Probus, memorable trips, or other joyful moments if you would like to share these. PSP also have Probus merchandise available for anyone interested.

ROADS AROUND US

Links to information about local road and infrastructure upgrades

[Hill Road Upgrade](#)

[Bennelong Parkway Bridge and connecting paths](#)



WHAT'S ON?

The Piazza

Keep a lookout for posters about Piazza events and book early.

Concord Rotary Farmers Market

The market is held on the first and third Sundays of the month. October markets take place on the **4th and 18th October**. Click [HERE](#) for more information on where and when, stalls, etc. Fit, able-bodied volunteers would be very welcome to help set up.

[Wentworth Point Markets, Wentworth Place](#)

Held on the third Sunday of every month, the market takes place from 9am – 3 pm outside Marina Square. The next market will be on the **18th October**.

[Eat Drink Nights at Wentworth Point](#)

The Eat Drink Nights are starting again with the warmer weather. Come along with friends and enjoy a twilight gourmet market featuring great global food, brilliant drinks and entertainment. Next event: **Saturday 17 October** 5pm – 9pm.

This one will celebrate [Diwali](#), the Festival of Lights, culture and community. A Hindu, Sikh and Jain sacred and community celebration, it “symbolises light overcoming darkness, knowledge overcoming ignorance, and hope overcoming despair”. Other aspects are exchanges of gifts, the lighting of small lamps known as diyas, and creating colourful rangoli patterns. More [information](#) from *Our Place: Many stories/ One neighbourhood*

As well as the festive food, enjoy colourful cultural performances, markets, rides, music and entertainment for all ages.

TRANSPORT HERITAGE EXPO 2026 **Saturday 3 – Monday 5 October**

Train, vintage bus and boat rides, heritage displays. Plenty of long weekend fun! See the program [here](#).

LIVE MUSIC AT ELIZABETH FARM **Sundays 11, 18 and 25 October, 2-5 pm**

In a heritage setting at Australia’s oldest homestead, these [afternoons of live music](#) are curated by [Music in Exile](#), a group which supports diverse musical traditions, and musicians who have experienced displacement.

11 October - Iranian funk artist [Ashkan Shafiei](#)

18 October - Moroccan Gnawa duo [Imad Dably and David Rodriguez](#)

25 October - Iranian-born composer, vocalist and santur player [Maryam Rahmani](#)

SCULPTURE BY THE SEA **16 October – 2 November**

30 years of transforming the 2 km walk between Bondi and Tamarama into a magnificent outdoor art gallery. Now this event is one of the world’s largest outdoor cultural events. Read more [here](#).

PARRAMATTA LANES **21 – 24 October**

A big free street festival with “EATS, BEATS and ART” providing four nights of food, music and art. Explore large-scale art installations, live performances, pop-up bars and more than 20 unique festival sites. Read more [here](#).

SPRING & SUMMER FASHION PARADE fundraising **Sat 31st October 2026 - 2.00pm**

for Parkinson’s & Movement Therapy Programmes associated with Concord Hospital.

Tickets \$60 per head via [Ticketebo.com.au](https://www.ticketebo.com.au)

Concord Oval, Canadian Exiles Room, Building A (Level 1), Loftus Street, Concord

