



WENTWORTH POINT PROBUS CLUB October 2025 Newsletter



NEXT MEETING

Monday 20 October, 10.30am - Pulse Room 1

With set up at 10.15 then morning tea

If you cannot make it, please submit a Meeting Apology Form

There will be the opportunity to join Probus friends for lunch afterwards.

OCTOBER SPEAKER

GREG LOW

For 40 years, Greg Low worked all over the world in more than 130 countries, filming extraordinary and inspiring encounters with unique and colourful cultures and characters.

At times, Greg's working conditions have entailed:

- sleeping in sewers
- crashing in the same plane – twice!
- being locked in a jail cell with a psychopath
- flying over rebel territory, braced for bullets from below
- surviving rebel bombings, dodging guerilla gunfire and landing on a mined airstrip.



Wherever global events have thrown local lives into turmoil and international rescue interventions have been required, Greg Low was there capturing the deeper stories of people surviving, even thriving, against unbearable odds.

Come along to hear Greg's story of filming the most difficult, desperate and delightful moments in the lives of people and nations.

RECENT OUTING

On 22 September members of our Probus group joined a tour of NSW Parliament House in Macquarie Street, which included visiting the impressive Upper and Lower House chambers, the Legislative Council and Legislative Assembly. The building has an interesting history as part of Sydney's so-called Rum Hospital, the first private partnership organised by cash-strapped Governor Macquarie to build an infirmary for the young colony. Of the three hospital wings, two original buildings remain; these were the better-built wings for staff and doctors and now comprise Parliament House and the Mint. The poorly constructed Sydney Hospital And Eye Hospital was rebuilt in the late 19th century and it continues to operate on this site as Australia's oldest working hospital. The Fountain Court in the centre of NSW Parliament House was designed by Roger Woodward, the famous architect and artist who also designed the El Alamein Fountain in Kings Cross. The tour was followed by a scrumptious lunch in the elegant Strangers' Restaurant and for most, a trip home on the ferry.

SOURCES: https://dictionaryofsydney.org/blog/sydneys_rum_hospital

<https://education.parliament.nsw.gov.au/history-article/fountain-court-fountain/>



OCTOBER CELEBRATIONS

Birthdays

Barbara Murrie	11 October
Joan Abela	15 October
Barbara Browning	17 October (*Special)
Christopher Hollingsworth	29 October



Happy celebrations to our friends with special days in October

UPCOMING OUTINGS

Click on the headings for more information. Many outings are nearly full.
Please register your interest ASAP on the website.

*A three-hour **Hawkesbury River cruise** on [the Riverboat Postman](#) with a ploughman's style lunch on 22 October.



*The 2025 [Melbourne Cup Lunch](#) on Tuesday 4 November at Massey Park Golf Club with best hat, sweeps and lucky door prizes included.



*A traditional old country Christmas at [Gledswood Homestead and Winery](#) at Catherine Field, originally owned by the Chisholm family, who helped to pioneer Australia's wool industry. With wine tasting and a traditional Christmas lunch on 3 December.

[Christmas Markets](#) at the ICC Convention Centre on 21 November 4 pm – 9 pm



Please email Peter Purser of any change in your emergency contact details. It is most important we keep these details up to date. New members – please fill in [Registration for Outings/Activities/Tours Form](#).

AGED CARE DEVELOPMENTS

Whether you are caring for elderly parents, know neighbours who are struggling with ageing issues, have experienced issues in the aged care system or are looking at forward planning, you may be interested in some of the changes planned for the aged care system through the new Aged Care Act, which come into effect on 1 November, and what these may mean for you, your friends and your family. [OPAN](#) has a brief summary of the seven key areas of change. Essentially, the Act provides stronger protections for older people and is more [rights-based](#).

See the [Statement of Rights](#) poster.

Personally, I came to recognise some of the issues and shortfalls in aged care as my father approached the end of his life. Also, a couple of days ago a friend mentioned to me that her elderly neighbour, who was feeling overwhelmed and at a loss caring for her husband, had to threaten suicide in order to get help. Desperate straits indeed!

Some information sources:

[My Aged Care](#) Australian government website

[OPAN – Older Persons Advocacy Network](#)

This website has many [webinars and videos](#) and a [Self-advocacy toolkit](#).

Opportunity to contribute to a survey on [Improving Aged Care in Australia](#)

I came across some potentially useful information sources, input opportunities and carer tools from the OWN newsletter 171 (1 Sep 2025), which may be of help to some of our members or their friends or family.

Concord Library is providing an [Aged Care Information Hub](#) throughout September, October and November finishing on 3 December. The intention is to provide an opportunity to receive clear, expert information about planned changes in aged care and ways to help you or loved ones navigate this. The service is free. You do not need to book; just call in. Please double check the linked website to make sure before going. The dates at time of publication are:

15 and 22 October, 10 am – 12 pm

5, 12, 19 and 26 November, 10 am – 12 pm and

3 December, 10 am – 12 pm.

Three potential tools which may be or become of help to ageing friends or family members are:

[C-STAM](#) – UNSW is seeking participants who are experiencing some cognitive issues to help test an innovative dementia diagnosis tool for GPs. This is still under development.

[HELP app](#) – The Healthy End of Life Planning app is a support tool has been developed by La Trobe University to help carers coordinate a private care network for loved ones. This is now part of the National Standards of Palliative Care Australia.

[My Dementia Companion CARER](#) is a support tool for carers of a loved one with dementia. It is fully funded for carers in many areas of Sydney but requires an assessment organised through calling the Carer Gateway on 1800 422 737, although it is inexpensive. The link is to a video about the tool.

WHAT'S ON?

[The Piazza](#)

Keep a lookout for posters about Piazza events and book early.

[Concord Rotary Farmers Market](#)

The market is held on the first and third Sundays of the month. October markets take place on **5 and 19 October**. Check the link above for more information on where and when, stalls, etc. Fit, able-bodied volunteers would be very welcome to help set up.

[Wentworth Point Markets, Wentworth Place](#)

Held on the third Sunday of every month, the market takes place from 9 am – 3 pm outside Marina Square. The next market will be on the **19 October**.

[Eat Drink Nights at Wentworth Point](#)

The Eat Drink Nights have resumed. Come along with friends and enjoy a twilight gourmet market featuring great global foods, brilliant drinks and entertainment. Next events:

Fri 3 October and **Saturday 18 October** 5 pm – 9.30 pm.

The proposed **Probus choir** mentioned in the August minutes received little response and so it will now target a broader group.

NEWS

[Bennelong Parkway Pedestrian & Cyclist Bridge, Wentworth Point](#)

The tenders for this project have closed with eight submissions received.

The intention is to construct a 5-metre wide, single span steel truss bridge of 52 metres length for pedestrians and cyclists adjacent to the existing road bridge over Haslams Creek, to improve access and safety to the Parklands Circuit. In addition, there will be lighting and artwork and a raised pedestrian and cyclist crossing. The final decision on the tenders will be made in November with work expected to start in January/February 2026.

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