



# WENTWORTH POINT PROBUS CLUB February 2025 Newsletter



## NEXT MEETING – Monday 17 February

9.45am Pulse Room 2 – morning tea

10.30am Pulse Room 1 – main meeting

*If you cannot make it, please click on the following link and submit a **Meeting Apology Form**. If you cannot see the form on the website page, please scroll down.*

## NEXT SPEAKER

### An Introduction to Tai Chi by Aaron Khor

Tai Chi is very beneficial to people of all ages and highly recommended by the medical profession. Tai Chi Master Aaron Khor will discuss the benefits Tai Chi and also Chinese medicine.

Aaron has a long history with Tai Chi and is heavily involved with the [Australian Academy of Tai Chi](#) founded by his parents in Sydney in 1976.

Aaron will also give a Tai Chi demonstration, followed by a practical session for everyone. Tai Chi is a martial art, but it is easy, definitely not strenuous, very beneficial and quite relaxing so don't be worried about not being able to do it. (Any wannabe Bruce Lees will be seriously disappointed!)

Aaron will follow up with a short Q&A session.

Come along and enjoy this chance to learn more about a recognised health benefit for all ages.



# JANUARY AND FEBRUARY CELEBRATIONS

## Birthdays

Ken Loughhead – 6 January  
Marion Griffith – 7 January  
Joe Nelson – 7 January  
Trish Georgeson – 24 January  
Rod Madgwick – 2 February  
Anne Smith – 4 February  
Janice Pethybridge – 11 February  
Graham Griffiths – 17 February  
Shelagh Poray – 18 February  
Kaye Johnston – 27 February

## Anniversaries

Robyn & Albert Watts – 4 January  
Angie & John Murray – 10 January  
Jill & John Spooner – 10 January  
Rae & Robert O'Keefe – 17 February

Here's to past and future celebrations.



## YEAR OF THE SNAKE

A happy new year to all of us!



The Snake is the most tenacious of the 12 zodiac animals, so those born in the Year of the Snake are also believed to be particularly enigmatic and uncanny. Some people perceive the Snake as sinister and intimidating due to its elusiveness, but snakes are also regarded as little dragons, symbolising good luck, rebirth, regality and the pursuit of love and happiness. The snake can also represent wealth and wisdom and in traditional Chinese culture, it is often grouped with the turtle and the crane as a symbol of longevity.

# UPCOMING OUTINGS

Only two outings at the moment, one definite and one possible. Links to both are below.

The Little Snail restaurant is booked. Please submit the *Sign Up for Outing* form on the website page if you would like to come and pay the Probus bank account.

The Bundanoon Escape to the Country is **NOT** booked. We need to know if you are interested so after reaching the website page by clicking on the below link, scroll down and add a comment to let the organisers and others know you are interested. If enough people wish to go, the trip will be booked.

Please click on each trip's heading for full details.

## [2-Day Escape to the Country](#)



**20 March 2025 - 21 March 2025**

For a short getaway, why not take this train and bus tour to our beautiful Southern Highlands. There will be plenty to see and do.

## [Lunch at Little Snail Restaurant](#)



**26 February 2025 at 10:15 am - 3:00 pm**

Hop on board the ferry with us for lunch at the wonderful "Little Snail" French Restaurant at Pyrmont.

## WHAT'S ON?

### Concord Rotary Farmers Market

These great markets are on the first and third Sunday of the month. The first 2025 market is 2<sup>nd</sup> February, the next one on the 16<sup>th</sup> February. Click [HERE](#) for more information on where and when markets are held, stalls, etc.

## Piazza Events

- **7<sup>th</sup> February. Friday Night Social, 6-10pm.** Listen to music, grab a takeaway, catch up with friends.



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# FRIDAY SOCIAL The Piazza

**FRIDAY, 7TH FEBRUARY 2025  
6PM - 10PM**

**LIVE MUSIC  
RAFFLES  
KIDS ZONE**

**JAY PARRINO**

Great Prizes to WIN  
Meat Trays, Wine,  
Kids Prizes & More

**BOOK NOW!**

Thank you Waterfront CA for use of The Piazza

QR code for booking

- **22<sup>nd</sup> February. Trivia Night. 5.30-10pm.** Get a team together, buy or bring a brain-nourishing meal and help the Cancer Council. *Please read the fine print.* You **MUST** have a ticket, and they cost \$5. A great night and for a great cause.



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# FUNDRAISER TRIVIA NIGHT

**SATURDAY  
22ND  
FEB, 2025  
5.30 - 10PM  
THE PIAZZA**

**FUN GAMES & PRIZES TO BE WON!**

**5.30-6.30PM TEAM REGISTRATION  
7PM TRIVIA STARTS**

The boring stuff:

- Tickets required, spots limited to event capacity.
- Only ticket holders will be permitted to play.
- No refunds on cancellations, this will be donated to the Cancer Council.
- Team size no larger than 10 people.
- Come with a team or if solo and we will find you a team to join.
- Bring cash/coins for **FUN**draising games.

**BOOK NOW!**

**TICKETS**  
**\$5 \$2**  
PER ADULT PER CHILD  
\*Plus booking fee

Bring your friends  
& your brain  
power for a fun,  
unforgettable  
night of trivia.  
**Money raised  
will be donated  
to the Cancer  
Council**

Funds raised  
donated to

**Cancer Council**

QR code for booking

### Wentworth Point Twilight Market, Marina Square

The twilight market will take place on the fourth Saturday of the month from 5pm-9.30pm in the newly renovated and expanded Wentworth Point Town Square, outside Marina Square. The next market is 22<sup>nd</sup> February. The Twilight Market features a dynamic mix of retail, artisan and food stalls to create an exciting mixed market event each month in this fabulous space. Click [HERE](#) for more details. Scroll down to the Wentworth Point listing.

### Eat Drink Nights at Wentworth Point

Come along with family and friends and enjoy a twilight gourmet market featuring great global food, brilliant drinks and entertainment. Next event 7 February, 5pm – 9.30pm. Click [HERE](#) for more details.

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