



# WENTWORTH POINT PROBUS CLUB

## June 2024 Newsletter

### NEXT MEETING

Monday 17 June, 10.30am sharp - Pulse Room 1

*If you cannot make it, please submit a Meeting Apology Form*

### NEXT SPEAKER

Joanne Struck, Operations and Corporate Relations Manager from *Heart of the Nation*, is our next speaker who will give a presentation on Sudden Cardiac Arrest (SCA) and a practical demonstration of what to do in this situation.

*Heart of the Nation* was started by Greg Page, the original yellow Wiggle. During a performance for the Black Summer Bushfire Relief, Greg suffered an SCA on stage. His life was saved by the swift action and quick response of crew members and fans in the audience.

Some frightening statistics:

- ◆ 26,000+ Australians suffer a sudden cardiac arrest each year
- ◆ 80% of these arrests are at home
- ◆ Survival rate is 5%
- ◆ Survival rate can be up to 70% with CPR and an AED (defibrillator)

Come along and learn more about SCAs and what you can do to boost survival rates if someone close by goes into sudden cardiac arrest.

**HEART OF THE NATION**

## CPR & AED Awareness

Wentworth Point Probus warmly invites you to an informative session on Sudden Cardiac Arrest, including the use of CPR and an Automated External Defibrillator (AED) as part of the Chain of Survival.

Join us to learn from Greg Page, the Founder and CEO of Heart of the Nation. You might know him as the original Yellow Wiggle.

**TOPICS BEING COVERED :**

- What is Cardiac Arrest
- Chain of Survival
- Use and Maintenance of an AED
- The Good Samaritan Act
- Post Event De-briefing

**COME ALONG ON**  
**MONDAY 17TH JUNE**  
**10:00 AM**

Pulse Club  
9 The Crescent  
Wentworth Point 2127

[www.heartofthenation.com.au](http://www.heartofthenation.com.au)

# JUNE CELEBRATIONS

## Birthdays

Nancye Purser – 2 June  
Alison Ross-Smith – 5 June  
Julie Strong – 5 June  
Christine McKay – 7 June  
Angie Murray – 20 June

## Anniversaries

Jill and Steve Collis – 6 June

Happy birthday to everyone and a great anniversary for Jill and Steve.

# UPCOMING OUTINGS

To see more about each outing, click on the heading. On the new page click the links for details and website. To join us on the outing, please submit the *Sign Up For An Outing* form displayed on the Details page.

## [Watsons Bay Ferry and Lunch](#)



**11 June 2024 at 10:15 am - 3:00 pm**

Casual day with ferry ride and takeaway lunch

## [Zig Zag Railway incl Lunch at Leura](#)



**21 June 2024 at 7:30 am - 5:30 pm**

Luxury coach to Leura, journey on the Zig Zag Railway, lunch (cost included) at Leura followed by shopping.

## [Hickson House Distilling Co Tour + Lunch](#)



**19 July 2024 at 11:30 am - 4:00 pm**

Hickson House is a craft spirits distillery, set in the historic Metcalfe Bond Stores, The Rocks. Tour and gin-tasting. Lunch at own expense.

## [Christmas in July](#)



**23 July 2024 at 10:00 am - 3:00 pm**

Enjoy a coach ride to Camden plus lunch and return.

[Museum of Fire & Norman Lindsay Gallery including Lunch](#)



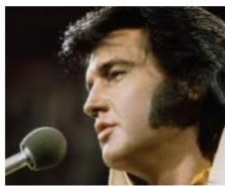
**15 August 2024 at 9:00 am - 4:30 pm**  
Museum of Fire + visit to Norman Lindsay Gallery. Lunch and coach included.

[Parramatta Town Hall Tour including Lunch](#)



**10 September 2024 at 10:00 am - 4:00 pm**  
Bespoke tour of historic Parramatta Town Hall including lunch.

[Elvis 4-Night Cruise](#)



**10 March 2025 at 8:00 am - 14 March 2025 at 5:00 pm**  
Jam-packed cruise to Moreton Island dedicated to "The King". Cruise now definitely going ahead.

[Sydney Male Choir](#)  
[Not a Probus outing but worth supporting](#)



**17 August 2024 at 2:00 pm - 4:30 pm**  
The choir's major concert of the year with the theme of "Let us entertain you".

You may also be interested in the below outings which are not yet booked. We need expressions of interest only at this point. If enough people are interested, the booking will be made. Please follow the instructions on each outing to express your interest.

[Canberra Floriade](#)



**18 September 2024 at 8:00 am - 20 September 2024 at 5:00 pm**  
3-day coach tour with accommodation to view Floriade and much, much more.

[Hunter Valley Xmas Lights](#)



**26 November 2024 at 8:00 am - 28 November 2024 at 5:00 pm**  
2-day coach tour to view Hunter Valley Gardens light display.

[Young Cherry Festival](#)



**2 December 2024 at 8:00 am - 5 December 2024 at 5:00 pm**  
3-day coach tour including accomodation to Young for the Cherry Festival

[3 Night Eden Cruise](#)



**26 December 2024 at 8:00 am - 29 December 2024 at 5:00 pm**  
Relax, visit Eden, enjoy wine and food festival or just relax on the beach.

**Emergency Contact Details.** Please email Peter Purser of any change. It is most important we keep these details up to date.



# LAST OUTING

The last outing was the Vivid 31 May cruise. Despite the weather the the threatened rain, it was a great night.



To see more pix of outings, check out the [Probus Gallery](#). Hover mouse over any thumbnail to see outing and date. Double click any photo to enlarge (also shows outing and date) and use the left and right arrows to move through the pictures. Esc key will take you back to the thumbnails and menu.

# FUND-RAISING FOR CHARITY

- **Concord Rotary Farmers Market.** Next market 16 June. Click [HERE](#) for more information on where and when, stalls, etc. Fit, able-bodied volunteers would be very welcome to help set up.
- **The Biggest Morning Tea** in the Piazza was a great success. Beautiful weather, great jazz/blues and a wonderful array of sweet and savoury goodies for morning tea/lunch/afternoon tea. Local businesses threw their weight behind the venture and donated some very enticing goods as prizes in the many raffles. All up, \$1000 was raised for the Cancer Council.
- **The Sydney Male Choir.** The concert in August is a major fund-raising event for the Choir. It not only serves charity but is excellent entertainment. Our Des (“Golden Tonsils”) McEvoy has been in the choir for quite some time and would appreciate your support. Details about tickets, etc are in the Outings section above.

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